

# Cushion sizing guide

## Instructions:

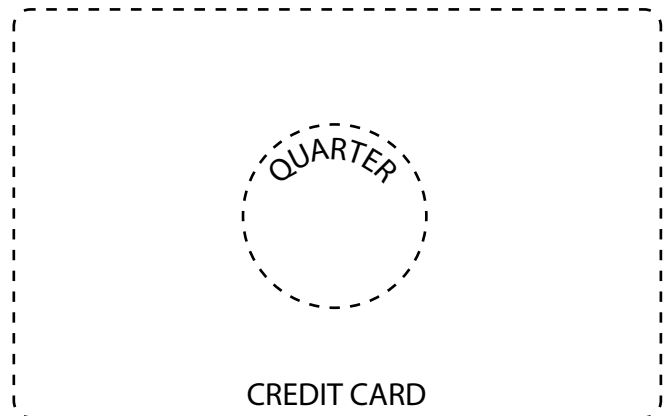
- 1 Print out this Adobe PDF File at 100% on your printer. Use the print accuracy check at right to ensure printing at the proper size.
- 2 Fold the bottom part of this page on the dashed line.
- 3 Cut along the dotted line around the fitting gauge.
- 4 Place the fitting gauge on your nose as shown in the picture below.
- 5 Determine the appropriate size where the outer edge of your nostrils and tip of your nose contact the fitting gauge. (S - Small, M - Medium, MW - Medium wide or L - Large)

**Tip:** For the best performance, use the smallest cushion that fits your nose.

Philips Respironics always recommends consulting a physician or registered Sleep Therapist in fitting a mask to ensure a proper sizing and fit.

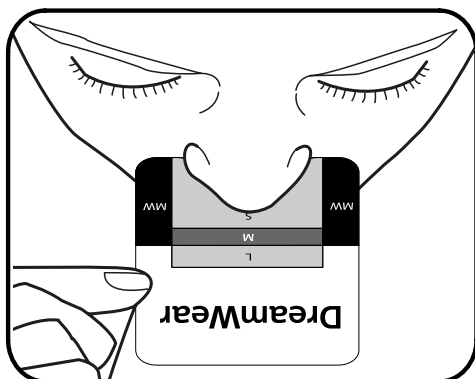
**Note:** Gel pillows subject to personal preference and nostril size.

## Print accuracy check



## Fitting gauge

CUT along dotted line



FOLD along dashed line

